

Unlicensed Health Care Provider Disclosure for Neurofeedback, Auditory Training, and Ayurveda

These treatments are alternative or complementary to healing arts services licensed by the state and are not licensed by the state. I understand that Espe Guardiola is not licensed by the State of California as a healing arts practitioner. She does not diagnose or treat medical conditions.

To: _____

Welcome to my practice. As you know, I am a practitioner of Neurofeedback, Auditory Training, and Ayurveda. I am not a licensed physician, nor are Neurofeedback, Auditory Training, and Ayurveda services licensed by the state.

Neurofeedback is a process of using auditory, visual, proprioceptive, and other external feedback to support a client in shifting/balancing their brainwave activity and cross hemisphere communication into more normative patterns. It may support balance of the central nervous system and symptom reduction/enhanced performance. EEG electrodes are attached to the client at key points on the head related to brain function areas. These electrodes send information to the EEG regarding electrical activity at the electrode site, which is translated into information about brain activity. Nothing is done to affect the client through the EEG. Software is used to manipulate a computer screen, sound through headphones, or vibration through a pillow or other object when the client's brain activity exceeds the desired training range, thereby giving the client feedback regarding brain activity. Other devices may be used to provide feedback related to temperature, pulse, muscle tension and other information related to the physical state of the client to assist the client in relaxing the body. Meditation/breathing techniques may also be used for the same purpose.

Auditory Training, or sound therapy, uses a combination of passive/active listening and sensory-motor activities to balance the Central Nervous System and improve mental processing. I use the iLs approach to support clients in improving body, mind and life skills and related to sensory-motor, communication, focus, energy, and confidence.

Ayurveda provides the context for this treatment. Ayurveda is an ancient East Indian system of health and well being. Energetic imbalance can create imbalance in the body, mind, and consciousness, creating symptoms or performance reduction. Neurofeedback and Auditory Training can be used to support energetic balance in the central nervous system. Other suggestions, based on Ayurvedic principles may be discussed with the client to support the balancing process.

I have been practicing Neurofeedback and Auditory Training for less than 1 year. I have completed 64 hours of classroom training and many weeks of voluntary supervision in Neurofeedback. In Auditory Training, I have completed a 32 hour course and a supervision process. I have 240 credit hours in a Masters of Ayurveda program and have been practicing Ayurveda since 2004.

Thank you for your business!

In order to use my services, California state law requires that you acknowledge receipt of the information provided in this form and that you sign it. You will receive a copy. I will keep the original in my records for at least three years.

My method of treatment (Neurofeedback, Auditory Training, and Ayurveda) is alternative or complementary to healing arts that are licensed by the State of California. Under Sections 2053.5 and 2053.6 of California's Business and Professions Code, I can offer you these services, subject to the requirements and restrictions included in the SB-577 information sheet attached.

If you ever have any concerns about the nature of your treatment, please feel free to discuss them with me. I recommend that you inform your medical doctor that you are receiving Neurofeedback, Auditory Training, and/or Ayurveda treatment.

Acknowledgement and Consent to Receive Services:

I have read and understand the above disclosure about the Neurofeedback, Auditory Training, and Ayurveda treatment offered by Espe Guardiola and her training and education. I have discussed with Espe the nature of the services to be provided. I understand that Espe is not a licensed physician and that Neurofeedback, Auditory Training, and Ayurveda services are not licensed by the state. I understand it is my responsibility to maintain a relationship for myself/my child with a medical doctor. I have consented to use the services offered by Espe, and agree to be personally responsible for the fees in connection with the services provided to me.

Printed Name

Date

Signature

Relationship to Client (Parent or Self)

Thank you for your business!